



INNER WHEEL CLUB OF PAKENHAM

FRIENDSHIP BOUQUET

INCA13212D

EDITION 5 DECEMBER 2025



EMAIL iiw.au.pakenham@gmail.com

PRESIDENT

ALWYN WILLIAMS

TREASURER

JENNY WATSON

SECRETARY

MARICA ROOK

**STEP UP
& LEAD** *by*
EXAMPLE

International theme 2025-2026

IIW PRESIDENT

KAY MORLAND

IWA PRESIDENT

CLARE SWAAN

A62 DISTRICT CHAIRMAN

JOAN GRIST

FROM THE PRESIDENT

With our Pink Ribbon Breakfast and our Orange the World activities, November was a month full of colour! So many of our members were active and busy contributing to both of these events – thank you to you all. Two special mentions are relevant to these events. I was especially pleased to hear Karli speak at our breakfast for so many reasons – both personally and in general. I look forward to hearing more about her journey of healing and growth. Our Orange the World event would have to be considered a huge success – of course, enhanced considerably, by the presence of our friend Kay in her role as International Inner Wheel President. What an honour to have Kay with us on Tuesday evening.



And yet there were others working diligently on other projects planned for the next few weeks, all in the name of Inner Wheel. These include preparations for our District Chairman Joan's visit next week, our ongoing commitment to the Christmas Trailer Raffle, the upcoming Bunnings BBQ and our Christmas Party. Our annual Breakfast in the Park, celebrating Inner Wheel Day, is also on again and invitations have been sent.

We are a little bit excited in our house about Christmas this year; Tristan and Laura will be joining us. Tris has been in the Netherlands for almost 18 years and he has only had one "summer Christmas" in that time. We are hoping for good beach weather and he is looking forward to coconut ice and rum balls!

Our best wishes to all our members and families for a wonderful Christmas time.

Alwyn

NOVEMBER MEETING



November General Meeting
6.11.25

Thankyou to Alwyn Marlene and Maureen
for their reports on the Conference



Members who attended the Corowa Conference spoke of their experience meeting members from other Clubs

Sue was unlucky as she didn't draw the Queen in the Raffle



BIRTHDAYS FOR THE MONTH



16th December –Maureen Lindau

Wishing you a Happy Birthday from all your Inner Wheel Friends

And we wish you a speedy recovery following your recent surgery

CORD BLOOD RESEARCH



HUDSON INSTITUTE OF MEDICAL RESEARCH

45 Inner Wheel members from A61 & A62 visited the Hudson Institute of Medical Research on Thursday 20th November. We were given a guided tour, of the laboratories and animal facilities, where research is being conducted using Umbilical Cord Blood.

4 presenters gave an overview of their work

Sandra Li – PhD Student's topic was Stem Cells delivered intra-arterially for stroke

Associate Professor Courtney McDonald's topic was Developing a "brain" in a dish model of neuroinflammation to assess umbilical cord blood cell treatment

Dr Teagan White's topic was umbilical cord blood cells for foetal growth restriction in larger animal models

Associate Professor Atul Malhotra's spoke passionately and he gave us an overview of umbilical cord blood cell clinical work. It gives us great hope for the future for babies born preterm.

In addition we had morning tea & lunch provided.

Professor Susie Miller thanked all Inner Wheel members for their ongoing support of this most valuable research

Thanks must go to Dianne Barlow our A62 National project coordinator for organising the visit
Sue Blenkhorn

REMEMBRANCE DAY



Remembrance day 11.11.25



It has now been 107 years since the guns fell silent and the Armistice was signed in a railway carriage in the forest of Compiègne.

We still pause at the eleventh hour of the eleventh day of the eleventh month to remember all who made the supreme sacrifice in all theatres of war.

We give thanks to the men and women whose courage was unwavering and whose service was given without hesitation.

Lest we forget.

PINK RIBBON BREAKFAST



On a beautiful sunny morning members and friends gathered at the Bellevue Farm Shop for Pakenham's Inner Wheel Annual Pink Ribbon Breakfast. The room was a ray of PINK where ever you looked. Beautiful white pan-ies adorned the tables, with Pink placemats, white serviettes and little sachet of thank you for coming along. These sachets had a selection of flower seeds in them for the guests to take home and plant, with wording – 'Plant a seed of Friendship: Reap a bouquet of Happiness'

A selection of toasted croissants and scones, jam and cream were served along with a selection of apple juices.

The highlight of the morning were our Guest Speakers Alwyn and Karli. Both ladies shared their own journey of breast cancer and how they coped through numerous surgeries, doctor visits, radiation and chemotherapy treatment. All this had a huge impact on their lives and also their families. Both ladies travelled a huge roller coaster during their treatments. We thank them both for their insight, they are truly and inspiration.

We had 4 raffle hampers and our thanks to all who donated them. Bellevue Farm shop, Helen van Diemen and one from Helen's friend and also Karli donated a hamper

Many thanks to everyone who helped make the day a huge success.

A BIG THANK YOU to all.

- Deb James



Pink Ribbon Breakfast 21.11.25



PINK RIBBON BREAKFAST



Pink Ribbon Breakfast
held on 21st November 2025
at Bellevue Farm Gate.

Inner Wheel Club of Pakenham



DISTRICT MEETING



There were 4 members who attended the District Meeting on the 15th November. At the last minute the venue was changed to the Bell Park Sports rooms in Drouin. The venue was very comfortable and a very nice lunch was supplied by the Drouin Golf Club.

Jenny Watson was one of our delegates and it was her first District Meeting.

- Marcia Rook



District Meeting 15.11.25

Orange the World

From little things big things grow.

Once we had confirmation from the Shire of Cardinia that the Cultural Centre could be illuminated in orange, we then needed to make sure we planned suitable recognition for the UN 16 Days of Activism Against Gender-Based Violence. Many suggestions were available from both the Inner Wheel “UNITE Team” and from Tracey McLoughlan (IWA OtW Coordinator). Our small committee came up with many suggestions and most of these evolved over the weeks.

We were able to have IIW President Kay as our special guest when her Bangladesh trip was cancelled. This gave us the impetus to contact other local IW Clubs who supported us well. Kay acquired a promotional video from an IIW colleague (Sandra Neretljakovic – a past IIW Board Director and Past IIW Editor/Media Manager) to be shown at Bunjil Place and the technicians at the Cultural Centre were able to incorporate those slides into their illumination. I hope you have all been back to the Cultural centre after dark to see the presentation. I made contact with Ivanka Kisvardai at Together We Can and she made suggestions for contacts and places to promote our walk. Contact with the Police through Ivanka and our information confirming our details led to the support from Senior Constable Tom Watson and Senior Constable Chris Osmond. Cr Jack Kowarzik was on board right from the start and was a very inspiring speaker. Bronwyn Mepstead contacted David Farrelly from Something Big -Pakenham podcast – and that happened with very little time for me to think! (Another challenge for me ticked off!) A62 Council member Erica Peck offered the district’s new marquee and tear drop sign and delivered and erected them. The Rotary Club of Pakenham joined us instead of their usual meeting. The Pakenham Gazette turned up trumps with a very good coverage. Kay’s speech, videoed by Deb, went world -wide and the Facebook post on IWA Facebook site was again received very well worldwide.

Our team (Marcia, Nola, Bronwyn M and Sue) pulled the rest of the activities together.

Orange vests and balloons, a beautiful spring evening, a casual picnic, inspiring speakers, a pleasant walk and lots of photos with over 75 participants from a variety of backgrounds: we hope we have raised awareness of this world-wide issue – the safety of women and children. Thank you everyone for your contribution.



What happens next?

ORANGE THE WORLD



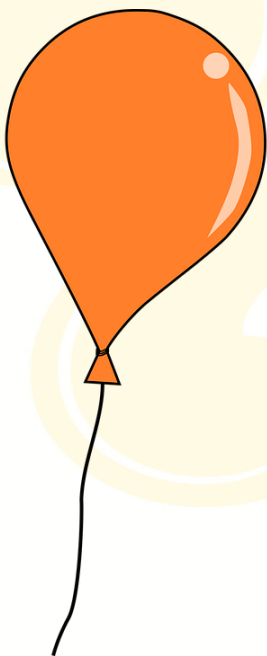
Orange the World
25th November 2025
Lakeside Pakenham



Orange the World



ORANGE THE WORLD



President Alwyn during the Podcast for United Nations campaign of 16 Days of Activism Against Gender –Based Violence.



Something Big-Pakenham"

Thanks to David Farrelly and Craig Holowell Photography, Inner Wheel Pakenham was invited to become part of their local weekly podcast. We had the opportunity to promote our Inner Wheel support for the United Nations 16 Days of Activism Against Gender-based Violence campaign.

Our local Cardinia Cultural Centre, with the support of the Cardinia Shire Council, will be lit up in orange at night for the 16 days.

On Tuesday 25th November we have arranged the following at the Cultural Centre, 40 Lakeside Boulevard, Pakenham:

6:30 pm A BYO picnic tea.

7:15 pm Cr Jack Kowarzik will speak followed by International Inner Wheel President Kay Morland.

7:30 A walk around the adjacent lake to arrive back as the first glimmer of orange appears on the buildings.

Click on the link below

<https://www.youtube.com/watch?v=eukQffyDlpU&t=1701s>

The first part of the podcast features a variety of local news- make sure you watch to the end!

CRANBOURNE GARDEN PARTY



Despite showers of rain during the day, approx. 40 people including members from Warragul, Pakenham, Narre Warren, Wonthaggi Owls and Kay from Berwick enjoyed the day at the home and garden of Gaye Ellis.

After signing in, we were given a handmade orange flower brooch and a welcome drink before going into a lovely decorated garage with plants on shelves, posters on the walls even an air conditioner. Not sure if a car is actually allowed to park there. Cranbourne members served hot homemade pies, sausage rolls, quiches. Sandwiches and sushi rolls were already on the tables. This was followed by a selection of slices and cake.

IIW President Kay gave a short talk about Orange the World, before judging the best hat award - won by a member of the Wonthaggi Owls and also the runner up came from Wonthaggi.

Despite the rain we were able to take a walk around Gaye's beautiful garden full of roses and salvias plus many more colorful plants

Margaret Macdonald

Cranbourne Garden Party





International Service Officers report for December

by Sue Blenkhorn

I forwarded the November edition of our clubs Friendship Bouquet to our International IW Friends, Vewia, Ilmy, Poroochi, Isabelle, Annika, Muditha & Rachel

News from Vewia -IWC Beaune France

Thanks to Irene Yeats IWC Bairnsdale for translating their newsletter

In France September is the month of the grape harvest & the start of the school year as well as the IW year. President Véronique was very busy welcoming her new committee and she handed out lots of files. One was re a Rally for children within the Beaune city walls with the aim of making us known to young parents Saturday 18th October from 2.30 pm to 5 pm. A new member was inducted.

The members attended an exhibition of works by the British sculptor Paul Day at the Beaune Museum of Fine Arts. The exhibition entitled "A Life in Relief" is extraordinarily realistic and precise; Paul Day explained how he creates, works, researches, and finds inspiration, as well as the importance of his preliminary drawings. He detailed the process of modelling clay, then casting in bronze, lost-wax moulding, and patination.

Bottom right is my friend Vewia



News from Ilmy - IWC Haarlem, Netherlands

Ilmy & her club are making preparations for "Orange the World", as are we. I look forward to seeing photos of their events

News from Poroochi – IWC Poona Downtown – India

Dear Sue and George, It has been a long time since I sat down to write you an email. Seems you surely had a lovely unforgettable trip to Europe and your old home in the UK with the family. I guess being with the family on such trips is what makes it special.

Right now both Yezdi and I are busy preparing for our upcoming trip Downunder. We will be in Pakenham on the 24th evening so I will be positively joining the Orange the World Program on the 25th at Cardinia Cultural Centre. Yezdi was wondering if the gents are also coming - in which case he too will join.



News from Poroochi – IWC Poona Downtown – India *continued*

Also in my earlier email this morning I forgot to mention that on the 31st of October being Senior Citizen's Month Yezdi was Honoured with a "Life Time Achievement Award". I am attaching the Citation which will explain everything.

Looking forward to meeting up soon. Love and hugs Poroochi

I forwarded the citation re Yezdi's award to the Rotary club of Pakenham for their information. Hopefully they will publish it in their bulletin and acknowledge it when Yezdi visits.

News from Isabelle – IWC Beauraing-Houyet Belgium

Unfortunately my emails to Isabelle are not arriving. Thankfully Alwyn is able to act on my behalf & forward and receive emails from Isabelle.

Hello Alwyn, It's always a pleasure to read you. I apologies to be so late.

With the girls, since Septembre, we have so many project with our club.

In September, we received a gift, our own flag. Picture below with the President Vanessa Ernould.

At the end of September, we welcomed the Inner Wheel club of Comines-Warneton, called Inner Wheel Lys. A large number of members came to visit, including a tour of the Château de Vêves, and we were able to share a nice meal together. It was very friendly and convivial.

The first big one Event is the Alma Christmas Market in Mesnil St Blaise.

We sold 100 Christmas elves, and each one has a number that corresponds to a nice gift. People must come with the number of their elf to the Christmas market, where they will be able to capture the moment in a photo booth and take funny pictures. We will also be selling peket, which is a typical Belgian juniper-based drink. Picture of the elves below ☺. This market is on the 29 and 30th of November.



INTERNATIONAL SERVICE OFFICER



News from Isabelle – IWC Beauraing-Houyet Belgium *continued*

We also set up, just like last year, a huge toy collection for underprivileged children in the region. We also placed a wooden tree in a toy store in Beauraing, with small tags showing children's names and ages, and anyone who wanted to give a small gift could take a tag and buy a toy. Part of the donations will be distributed by Saint Nicolas on November 25. The rest will be distributed to local donation centers and associations in the area.

We still have two big event for 2026.

We also, unfortunately, have some very sad news. We had been helping a 14-year-old girl who was fighting against a rare and aggressive cancer, a rhabdomyosarcoma. Sadly, her condition worsened, and end of October, little Enola has flown away to a place where she no longer suffers. This has deeply affected us; she was truly a fighter and an example for everyone. May she rest in peace.

I hope that my Aussie's friends doing great. 🐶 Take care ❤️ Isabelle



Update on A62's District International Project "Yokhuselo Haven" by Rose Paris – ISO IWC of PE WEST, DISTRICT 932, SOUTHERN AFRICA

Upgrades to the playground at Yokhuselo Haven have been funded by A62 IW District. Work began on November 10th and they expect completion by Christmas. Both the paving and the laying of the artificial turf will be totally covered by the donation from District A62. Our generosity means so much to so many people! They will share the photos of the upgraded play area as soon as the work is complete.

They are delighted to be hosting IIW President Kay Morland in Port Elizabeth in May 2026, and will be taking her to view the Haven. It is even more special because all this has happened with support from her own District!



Sew and chatter

November happenings.

November brought a group of six of us together to get more Fiddle blankets together for our Aged Care community at various facilities

Thanks to Bron once again for helping me out, she is about to go and check on just which facility wants either Fiddle Blankets, Fiddle Muffs for Walker Bags or maybe a mix of all.

We have quite a stash now, so need to clear them out and make space for the next lot.

Pat was deep in concentration decorating Fiddle Muffs, one doesn't have to use a sewing machine to come along to sewing, as you can see from Pats concentration, always other jobs to be done.

Don't recall who has crocheted lots of those little creatures we call grubs to attached to Fiddle Blankets, we do so love to attached them, if you are wanting to do some more we would greatly appreciate them - thanks lots in advance.

On our last day, we will be tidying and sorting, not sewing.

I will be booking for the group to go, out for lunch on our last sewing day that's on 10th December, all more than welcome to join us.

Please let me know for booking purposes thanks - almaje2647@gmail.com

Wishing each and every one a safe and happy Christmas and best wishes for the coming season.

Alma and the Sew and Chatter Ladies.





Circle of Friends Inner Wheel Book Group

Report of November Get Together

In November, the group met at the van Diemen's to discuss "All Our Shimmering Skies" by Trent Dalton. There were five members present including Joy de Jong, Judy Giles, Marilyn van Diemen and myself. And Tania Hansen led the discussion.

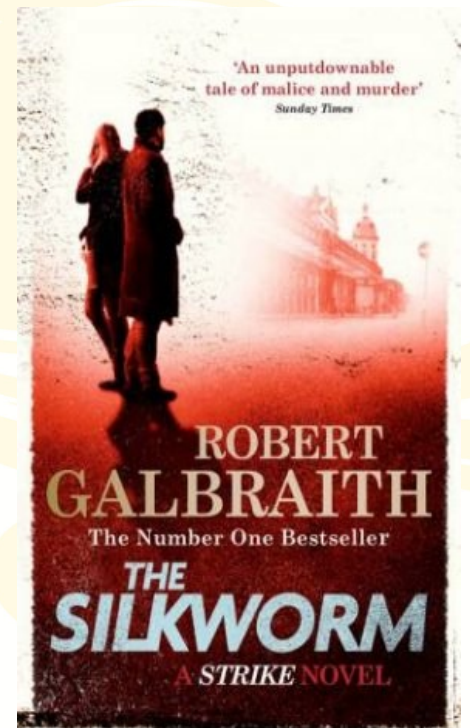
Although everyone enjoyed this book, it was noted that it was very dark in the beginning. Some members had not read anything else by the Australian writer Trent Dalton and felt this was an amazing introduction to him. The vivid scenery was brought to life by his wonderful writing. It was an unbelievable story written in a believable way with so many creative and imaginative characters, landscapes and history. The themes throughout the story were relatable and real, they brought it all together. Well worth the read.

Next month, on Thursday 11th December, we will be meeting at the Shanika's restaurant in Pakenham for our Christmas party evening.

The book we hope to discuss is "The Silkworm" by Robert Galbraith.

Helen van Diemen

Circle of Friends Book Club Coordinator 2025



CHRISTMAS PARTY INVITATION



Inner Wheel Club of Pakenham

Christmas Party

Date: Wed: 17th Dec '25

6.00 for 6.30pm



\$35 pp Partners Welcome BYO Drinks

*Join us for laughter, good company, and holiday spirit at
our Christmas Party!*

2 course meal to be served

RSVP: to Marlene by 4.12.2025
mjburhop@bigpond.com
or 0419 883 243

Please pay money into
the IW Bank account
BSB: 633108
Acct: 105565816

**Venue: The home of Alwyn and Terry Williams
21a Meeking Drive Pakenham**



BREAKFAST IN THE PARK

Sunday 11th January, 2026

9:00-11:00am

**In "The Fairy Dell" at the rear of
19A-21A Meeking Drive Pakenham**

Celebrating Inner Wheel Day

The usual sumptuous goodies will again be available including cereals, juices, pancakes, egg and bacon rolls, fruit and tea and coffee.

RSVP: January 5th 2026

Alwyn : 0419 113 815

iiw.au.pakenham@gmail.com

\$15.00/head

Direct Debit: IW Club Pakenham

BSB: 633 108

Acct: 1055 65816



INNER WHEEL CLUB OF WONTHAGGI



Charter Buffet Lunch

**You and a person of your choice
are invited to celebrate with us**

Date: 28th February 2026

Time: 12pm for a 12.30pm start

**Place: Wonthaggi RSL, 60 Graham St
Wonthaggi**

Cost: \$48 per person

Drinks at bar prices

RSVP and payment by Saturday 7th February

BSB: 633 000

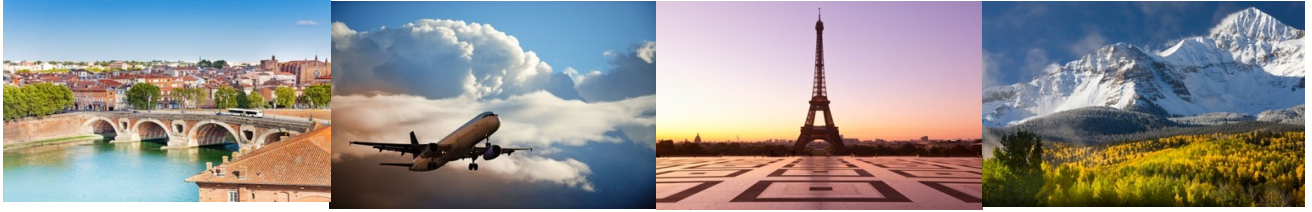
Account: 236 319 844

Reference: Your Surname

Catherine: 0403 679 487

Please advise us of any dietary requirements

SAVE THE DATE



SAVE THE DATE

A62 FRIENDSHIP DAY: TRAVEL EXPO

HOST: INNER WHEEL CLUB OF WARRAGUL

ENTERTAINMENT:

Guest Speaker: Travel Agent TBA

Club Presentations:

TASK: Chairman Joan would like to visit several countries one day. Each Club will be asked to randomly pick out the name of a country from a "hat".

One person or a group from the club is requested to present an aspect of that country which might convince members to visit. It should be of interest to a tourist e.g. Chairman Joan.

FORMAT: Humorous or straight, 5 mins approximately.

- Travelogue, talk, song, poem, "show and tell", poster, PowerPoint, etc.
- Focus could include: places to visit, things to avoid, scenery, music, wildlife, food, accommodation, clothing, transport, travel tips for Joan, etc.

Date: Saturday March 14th, 2026

Time: 10.00am – 2.30pm

Venue: TBA

DATES FOR YOUR DIARIES



Inner Wheel General Meeting — Thursday 4th December 9:30 for a 10am start @ RSL

- District Chairman's Visit

Remember to bring priced items for the trading table.

Paddy's Kitchen

Sunday 7th December -Alwyn Williams & Pauline Morris

Sunday 21st December – Maureen Lindau & Pam Chalmers

Sunday 1st February—Jenny Watson & Helen Van Diemen

Sew & Chatter, RSL – Wednesday 10th December @ the RSL 10am. Christmas Breakup

Movies: No Movies this month

Morning Coffee: No morning Coffee this month

Trailer Raffle: From the 12th November - 23rd December please offer to help if you are able

Christmas Party: Wednesday 17th December at the Home of Alwyn & Terry Williams Cost \$35:00 p/p BYO drinks

Bunnings BBQ: Sunday 21st December -Please see Helen if you are able to assist

Inner Wheel Day: Saturday 10th January 2026 Botanic Gardens Melbourne Conservatory Cost \$60:00

Picnic in the Park: Sunday 11th January 2026—details to follow

Wonthaggi Owls: Saturday 28th February Official Launch Charter Lunch Wonthaggi RSL
Graham St Wonthaggi 12 pm for a 12:30 start

Friendship Day: Saturday 14th March—10:00—2:30pm Theme—Travel Expo

Venue to be confirmed

Cranbourne Drag Queen Trivia –Saturday 21st February—more information to come

Inner Wheel Australia Changeover- 2026 -27 Pink Hill Hotel Beaconsfield Weekend 19th—20th June 2026

Inner Wheel Club of Pakenham -Email addresses

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Could you all please add these addresses to your contact list and use them when contacting the relevant office bearer on Inner Wheel business. It will allow continuity of contact when the people holding the position change, keeps information in one Gmail file and frees up our personal accounts where sometimes specific messages can get “lost” among other personal messages.