



INNER WHEEL CLUB OF PAKENHAM

FRIENDSHIP BOUQUET

INCA13212D

EDITION 1 AUGUST 2025



EMAIL iiw.au.pakenham@gmail.com

PRESIDENT

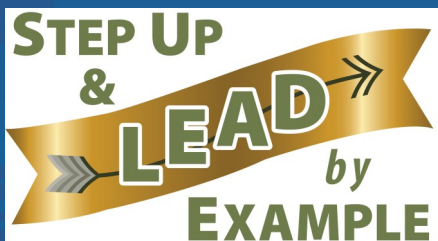
ALWYN WILLIAMS

TREASURER

JENNY WATSON

SECRETARY

MARICA ROOK



International theme 2025-2026

IIW PRESIDENT

KAY MORLAND

IWA PRESIDENT

CLARE SWAAN

A62 DISTRICT CHAIRMAN

JOAN GRIST

FROM THE PRESIDENT

Welcome everyone, to our new Inner Wheel Year.

Thank you to Marlene for her wonderful leadership throughout the past year and I hope she and John are having a well-earned restful break in Queensland.

Our Changeover afternoon was a very special occasion for so many reasons. It was a perfect opportunity to recognise and thank all those who had contributed in the past year, to welcome and thank those who have offered to "Step Up", a perfect occasion to feature Deb's audio-visual record of our past year and to enjoy the company of our friends and family. To have our International Inner Wheel President Kay, Inner Wheel Australia Vice President Yvonne and District Chairman Joan present was certainly a highlight. With these wonderful supporters of our club and the addition of Graeme Begg to the line-up we created a unique "Changeover" from Marlene to me. A very, very special occasion.

My thanks again to all who contributed to make the afternoon such a momentous and enjoyable occasion. I hope you all saw the brilliant account in the Star News?

All the necessary change of emails, bank signatories and roles have taken place, last year's financials have been completed and are in for their annual "check". So things are moving smoothly. At our August meeting I want your thoughts on what we do and how we do it, suggestions for additional activities (if so desired) and planning for the rest of the year.

District Chairman Joan will make her official visit to the club in September. We have some ideas brewing for this which will need to be discussed and formalised at our meeting.

In friendship

Alwyn



IWA CHANGEOVER



The Inner Wheel Australia Changeover was held in Gosford over the weekend 20th—21st June 2025.

The IWA Executive gathered earlier in the week to deal with all things Inner Wheel and they were joined on the Saturday for a governing body meeting with all the current Council Members and incoming Council Members as observers for a full day meeting on the Saturday. Socially we were all welcomed by President Julie and Incoming President Clare on the Friday evening for a casual get together at the Gosford RSL.

Saturday night's Changeover was a formal dinner, again at the Gosford RSL, where Julie gave her report and thanked her committee for the work they did for the year.

President Clare spoke about the year ahead and welcomed her committee.

Terry and I took the opportunity to combine the changeover with a short holiday. We took the caravan and travelled up the east coast with stays at Lakes Entrance, Merimbula, Broulee, Windang and eventually arrived at Umina Beach where the weather was glorious!

Our home trip meandered inland with stops at Bungendore, Marlo and Lakes Entrance

- Alwyn Williams



A62 DISTRICT MEETING



A62 District Meeting held at Drouin Golf Club, on Saturday, 28th June 2025

Alwyn Williams, Maureen Lindau, Margaret Macdonald, Sue Blenkhorn and Marlene Burhop attended.

All members of A62 Executive and the Presidents of each Club submitted their reports for adoption. These will be sent out with other reports later in year.

Request for Feedback on Venue and Food.

MEMBERS: A62 started year with 267, NOW 273.

IWA 6 Clubs closed during the year and one district (A51). The clubs from A51 now become Non-Districted Clubs (They now communicate directly with IWA – members from these clubs ineligible to take IWA positions as they won't have the opportunity to gain district experience).

Financials: The sum of \$3000.00 has been moved from General Account into the Charity Account. No suggestions as to what will happen to that amount now. Previously Clubs had been asked to take suggestions from their clubs back to Executive but there was no further follow up to this.

Donations received from clubs for District Projects:

CBR \$26,031.91

"All for Billie" = \$9388.99

"Yokhuselo House" = \$11,150.54 Including \$3000. From Narre Warren IWC which was sent directly early in the year.

General Account shows a balance of \$21,190.69 as at 25/06/25

Chris Wickes, retiring Editor of Friendship news asked that all Editors and Correspondents be thanked. (Thank you to Joy Board, and Deb James. also Maureen Lindau and Pam Chalmers who filled in over the year.)

Cord blood Co-Ordinator Diane Barlow has 200 books and pens left (started with 2000) T shirts orders later in year

Cord blood will be able to give 3 Research Grants this year (total raised for C B R= \$4 Million since inception 22 years ago).

Diane Allen's (A62 Council Member) report included the following:

1. Looking for an ambassador to be the 'face' of Inner Wheel. (as in Neil Danaher with MND)
2. New Guidelines for grants for membership. Sept-March. If you received one last year ineligible this year. \$600.00 available this year especially for social media promotion
3. Name tags for husbands/partners. Suggestion from IWA - "Friend of IW and Name". Don't use the logo. These badges can be arranged at each clubs' discretion.
4. Car Stickers now available! QR code takes you directly to the IWA Website

A62 DISTRICT MEETING



'Return It' Donate to Inner wheel when you return your recyclable cans and bottles. See website for instructions.

6. Registrations for Conference reminder. (on Website) No amendments for Conference.

7. 2026 Conference Maroochydore QLD 14-17th October

8. Keep club details and information up to date, on website.

9. Working on new LOGO for Cord Blood.

10. Applications for Margaret Golding award to National Rep.

11. New Media website, thanks to Alwyn.

12. Thanks to Margaret Macdonald for her work as IWA Badge Officer

13. Preliminary arrangements to start up a new Club in Canberra

Changeover from Erica Peck to Joan Grist new chairman. Positions all filled.

- Alwyn Williams



A62 District Meeting Changeover 28.6.25

PAKENHAM'S CHANGEOVER



Sunday 13th July Changeover at Meadowvale

Charter Members Marcia Anne and Alma lighting the Flame of Friendship

President Marlene with Incoming President Alwyn

PAKENHAM'S CHANGEOVER



Marlene a job well done
President 2024-2025
Thankyou



Marlene with her husband John and Daughters Bernadette and Jacqueline
and members of her Executive

PAKENHAM'S CHANGEOVER



Congratulations to Helen
on her 25 year award.
Well Done Helen

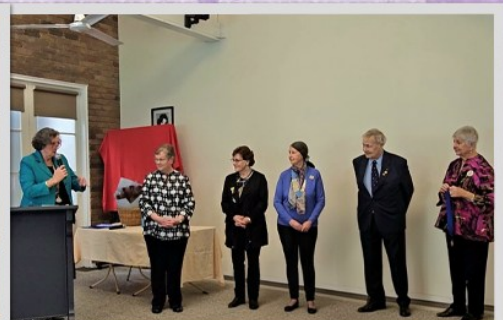


Alwyn with members of her Executive, Marlene and Alma, Marlene and Gayle, Kay Morland Step-
ping Up and Leading by example

Alwyn Marcia and Marlene, Marcia , Marlene and Alwyn extinguishing the Flame of Friendship

Marlene congratulating Helen on 25 year award, Catering team and lastly Gary Elliott, John Burhop
and Henry van Diemen

PAKENHAM'S CHANGEOVER



**Congratulations
Alwyn**

President of the Inner Wheel
Club of Pakenham
2025-2026

1. Alwyn and Terry, 2. Alwyn's Executive, 3. Kay inducting Alwyn, 4. Kay, Yvonne, Graeme, Begg, Alwyn, Joan, Grist and Marlene
6. Kay, Yvonne, Joan and Alwyn, 7. Kay presenting Alwyn with the Collar, 8. Alwyn and Graeme Begg

SEW & CHATTER



It was lovely to catch up with Danielle Byrne at Monash Health, in such a busy reception area, she was delighted with the Fiddle Blankets and immediately headed off upstairs to the appropriate ward and presented them to the nurses, who also said they were delighted with the brightness.

Each blanket is named and then remains with that patient, until no longer needed.

Alma Elliott





BIRTHDAYS

11th August—Margaret Macdonald

**Wishing you a very happy birthday
from your Inner Wheel Friends**

On a cloudy threatening morning fifteen members gathered at Gordi restaurant for another cheerful gathering and refreshment. Again, everyone enjoyed themselves catching up with the latest changes. It was lovely to have Joy de Jong with us, as she was absent from the changeover on Sunday, and Bronwyn Mepstead had a friend with her.

Hope everyone is able to rug up against the cold weather and keep well.

Bronwyn Kennett

Morning Coffee - Gordi Cafe 17.7.25





My first report for Alwyn's year

Request from Kiran Mishra -IWC, Amravati, India

If you remember last month Kiran requested we meet to exchange banners.

Unfortunately, Kiran did not reply to my email of June 18th until Saturday evening 5th July suggesting meeting 12 noon on Thursday 6th July. I did not open the email till 9am.

I have suggested we do a virtual banner exchange instead.

Below is Kiran's reply

Hi Sue,

Thank you for your message, and I'm so sorry to hear about your Secretary's tragic loss. Please do pass on my deepest condolences to her and the club. I completely understand the situation, and there's absolutely no pressure regarding the banner exchange.

A virtual banner exchange sounds like a lovely idea, and I'd be more than happy to do that when the time is right.

Yes, I understand a few hours is indeed short notice to arrange a meeting. Hopefully we can connect in the future, either virtually or in person.

Kindest,

Kiran



**STOP
VIOLENCE
AGAINST
WOMEN**





Share Your Recommendations!

This page is just for members — and we'd love to hear from **you**!

Have you recently enjoyed a great book, movie, or TV show? Whether it's something from the cinema, free-to-air TV, Netflix, BritBox, or another streaming service, let others know what's worth watching.

Perhaps you've had a memorable experience at a restaurant, hotel, or even seen a live show — why not share it?

Please take a moment to add your recommendations to the list. Your suggestions will be featured in a future issue of *The Bouquet* so others can enjoy them too!

I have enjoyed the following books

The Secret on the Houn Wren – Clare van Ryn

The Fall Between—Darcy Tindale

Both of these books have been written by Australian Authors

The members of the book club are enjoying Outlander by Dianna Gabaldon

Marcia has enjoyed watching Outrageous on Netflix

Learn CPR—watch on YouTube—Shock Verdict or Vinnie Jones - British Heart Foundation
Very informative

I exercised once,
but found out I
was allergic to it.
My skin flushed and
my heart raced.
I got sweaty and
short of breath.
Very dangerous.



JUST PLAIN NEAT INFORMATION



Glass takes one million years to decompose, which means it never wears out and can be recycled an infinite amount of times!

Gold is the only metal that doesn't rust, even if it's buried in the ground for thousands of years.

When a person dies—hearing is the last sense to go the first sense lost is sight.

Your tongue— is the only muscle in your body that is attached at only one end

The tooth— I the only part of the human body that cannot heal itself .

If you stop getting thirsty, you need to drink more water. When the human body is dehydrated, it's thirst mechanism shuts off.

Zero— is the only number that cannot be represented by Roman numerals.

Kites—were used in the American Civil War to deliver letters and newspapers

The song Auld Lang Syne—is sung at the stroke of midnight in almost every English – speaking country in the world to bring in the new year

Drinking water after eating reduces the acid in your mouth by 61%. Drinking a glass of water before a meal may help and curb appetite

Peanut Oil - is used for cooking in Submarines because it doesn't smoke unless it's heated above 450F

The Roar - that we hear when we place a seashell next to our ear is not the ocean, but rather the sound of the blood surging through the veins in the ear.

Nine out of every 10 living things live in the ocean.

The Banana cannot reproduce itself. It can be propagated only by the hand of man.

Airports at higher Altitudes— Requires a longer airstrip due to lower air density.

The University of Alaska - spans four time zones

In Ancient Greece, tossing an apple to a girl was a traditional proposal of marriage Catching it meant she accepted.

Warner Communications paid 28 million for the copyright to the song Happy Birthday which was written in 1935

DATES FOR YOUR DIARIES



The Inner Wheel General meeting will be held on Thursday 7th August, 9:30 am for a 10:00am start at the RSL Snodgrass Street Pakenham

Remember to bring priced items for the Trading Table

Paddy's Kitchen

Sunday August 3rd—Anne Sheean Helen van Diemen

Sunday 17th August—Pam Chalmers Joy de Jong

Sew and Chatter—Wednesday 12th August 10:00am @ the RSL

Movies—no movie for the month of August

Morning Coffee- Thursday 21st August at 10:00am

Venue - Brewing Bliss @the Cultural Centre

NGV—French Impressionists Thursday 14th August more details at the meeting

National Conference : Corowa October 15th—18th October

Archibald visit Geelong Monday 27th October \$20:00 concession

Sew & Chatter Dated for the remainder of the year—Please mark in your Diary

September 10th

October 8th

November 12th

December 10th—Christmas Breakup

President—iiw.au.pakenhampres@gmail.com

Editor—iiw.au.pakenhameditor@gmail.com

Secretary—iiw.au.pakenham@gmail.com

Historian—iiw.au.pakenhamhistor@gmail.com

Treasurer—iiw.au.pakenhamtreas@gmail.com

Could you all please add these addresses to your contact list and use them when contacting the relevant office bearer on Inner Wheel business in will allow continuity of contact when the people holding that position change, keeps information on one Gmail file and frees up our personal accounts where sometime emails can get “lost” among other personal messages